Aquatics

The Three Chopt Tsunamis Swim and Dive Teams was made up of over 100 swimmers and divers ages 5-18 who participate in the James River Aquatic Club (JRAC) league.  Our fabulous and dedicated coaches have combined experience 75 years experience and all were Tsuanamis in their youth. Summer of 2022 marked the 60th year of competition.  Our 10 week season included six dual meets and a championship for swim and five meets and championship for dive.  We look forward to our team growing next season.